

# Advances in Orthopaedic Care

**Wednesday, April 13, 2011**

Provena Saint Joseph Medical Center

Location of Training:

Dr Bruce J Wallin Conference Center

Registration: 7:30am • Time: 8:00am – 4:00pm

Lunch: 11:50am – 1:00pm (provided)

Target Audience: Health care professionals including RN's, Occupational Therapists, Physical Therapists, EMS providers

Course site coordinator: Leslie Livett, RN MS Trauma Nurse Coordinator

## Speaker

**BRENDA ELLIFF, RN, MPA, ONC, CCM, LNCC**, has nursing experience that spans 30 years. She has worked many years in orthopaedics, serving as a staff nurse and nurse manager at major teaching facilities. Additional experiences include: working in a private orthopaedics practice, experience as a surgical floor supervisor, serving as an adjunct faculty member for nursing students, nurse case manager responsibilities for a rehabilitation company, a published author on orthopaedic topics of interest and a health care coordinator role for a law firm.

Brenda is a charter member of the National Association of Orthopaedic Nurses (NAON), having served on the national board and many of the organizations committees. Her expertise for this practice specialty has been recognized. She frequently presents at NAON's national, regional and local educational offerings on orthopaedic nursing, case management and legal issues. Brenda is also active with the American Association of Legal Nurse Consultants and the Case Management Society of America. As a legal nurse consultant, Brenda has assisted in both plaintiff and defense medical legal cases.

## Learner Objectives

At the end of this class the participant will be able to:

1. Explain the latest advances in trauma orthopaedics, reconstructive orthopaedics, and sports medicine.
2. Apply interventions that can immediately improve professional competence in orthopaedics.
3. Discriminate between fracture patterns.
4. Compare appropriate uses for internal vs. external fixation devices.
5. Assess some of the various prosthetic devices available for risk and benefit.
6. Determine the latest treatment recommendations for the most commonly encountered sports medicine injuries.
7. Analyze the essential components for a comprehensive orthopaedic evaluation.

## Seminar Topics

Advances in Orthopaedic Care

- Empowerment Techniques
- Secondary Surveys
- Interventions

Anatomical Concepts

- Fracture Patterns
- Anatomical Bone Structures
- Soft Tissue Injuries

Trauma/Classical Orthopaedics

- Shoulder Girdle
- Clavicle Fracture
- Scapula Fracture
- AC Joint
- Shoulder Dislocations
- Humeral Fractures
- Rotator Cuff Injuries
- Elbow Injuries
- Wrist and Forearm Fractures
- Hands and Fingers
- Pelvis and Hip Injuries
- Femoral Fractures
- Quadriceps Tears
- Knee Injuries
- Lower Leg
- Ankle and Foot
- Spine
- Internal and External Fixation

Pediatrics

- Salter Fractures
- Slipped Capital Femoral Epiphysis
- High Index of Suspicion

Degenerative/Reconstructive Orthopaedics

- Total Joint Replacements: Hips, Knees, Ankles, Shoulders
- Prosthesis Types
- Methods of Fixation
- Risks and Benefits
- Spine and Disc Surgery
- Arthroscopies
- Weight Bearing and ROM
- Complications

Sports Medicine

- The Rotator Cuff
- Epicondylitis
- Carpal Tunnel
- The Knee and the Terrible Triad
- Ankle Sprains/Injuries
- Patellar Pain
- Herniated Nucleus Pulposus
- Spinal Stenosis

The Orthopaedic Work-up

- Orthopaedic Specific Physical
- X-Rays
- CT Scans
- MRI's
- Laboratory Analysis



*This educational activity is being provided by PESI HealthCare for Provena Health.*

## Contact Information:

Provena Health Connections  
(815) 725-9438

Registration deadline: April 11, 2011

## Tuition:

- No Charge for Provena Saint Joseph Medical Center employees
- \$50 for all other Provena Health employees
- \$90 for all other Health Care Professionals

Cancellation policy: Cancellations will be accepted up until April 8th.

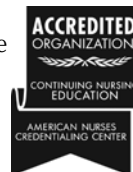
NO refunds after April 9th.

## *Credit Information*

**Nurses/Nurse Practitioners/Clinical Nurse Specialists:** PESI, LLC is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Nurses in full attendance will earn 6.3 contact hours. No partial contact hours will be issued for partial attendance.

**Occupational Therapists & Occupational Therapy Assistants:** PESI, LLC is an AOTA Approved Provider of continuing education. Provider #: 6005. Full attendance at this basic to intermediate course qualifies for 6.0 contact hours or .6 CEUs. You will be required to sign a morning and afternoon attendance list and complete the program evaluation/post-test. Partial credit will be issued for partial attendance. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA. Courses offered by AOTA Approved Providers are specifically identified as pre-approved for the NBCOT Certification Renewal program.



**Illinois Physical Therapists & Physical Therapist Assistants:** PESI HealthCare is an approved provider with the Illinois Division of Professional Regulation, Provider Number: 216-000071. Full attendance at this program qualifies for 6.0 continuing education credits.

**The following individuals contributed to the planning of this educational event:** *Content Expertise:* Brenda Elliff, RN, MPA, ONC, CCM, LNCC; *Nurse Planner:* Mary Meyers, RN, MSN; *Target Audience Consultant:* Becky Lange, OTR/L



### **ADVANCES IN ORTHOPAEDIC CARE: IT'S NOT JUST BROKEN BONES**

Name \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

E-mail \_\_\_\_\_

Work Ph (        ) \_\_\_\_\_ Cell phone \_\_\_\_\_

#### **Mail registration form and payment to:**

Provena Saint Joseph Medical Center Health Connections  
333 Madison St., Joliet, IL 60435

**Make check payable to Provena Health.**

