



McLean County Area EMS System

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GLUCOSE TESTING

PURPOSE: To establish general guidelines for blood glucose testing.

EQUIPMENT:

1. Gloves and other situational-appropriate protective equipment
2. Glucometer*
3. Test strips (compatible to glucometer being utilized)
4. Lancets*
5. Alcohol swab

PROCEDURE:

1. Put gloves on.
2. Assemble all necessary supplies and equipment.
3. Select a suitable finger or other suitable testing site and cleanse with alcohol swab.
4. Ensure alcohol has evaporated prior to lancing skin.
5. Perform blood glucose point-of-care test in accordance with agency procedure.
6. Ensure all sharps and materials are disposed of in a safe and appropriate manner.
7. Dress and treat lanced site as appropriate.
8. Document.

DOCUMENT:

1. Who performed task.
2. Number of attempts.
3. BSI and equipment used.
4. Site of lancet stick.
5. Any complications or undesirable side effects.
6. Time procedure was performed.
7. Results of test.

**Meeting the requirements under the Point-of-Care Glucometer Maintenance and Record Keeping Policy*

Updated 4/2014