



McLean County Area EMS System

705 North East Street
Bloomington, IL 61701

Phone: (309) 827-4348
Fax: (309) 827-2017

GLUCOSE TESTING

PURPOSE: To establish general guidelines for blood glucose testing.

EQUIPMENT:

1. Gloves and other situational-appropriate protective equipment
2. Glucometer*
3. Test strips (compatible to glucometer being utilized)
4. Lancets*
5. Alcohol swabs

PROCEDURE:

1. Put on gloves.
2. Assemble all necessary supplies and equipment.
3. Select a suitable finger or other suitable testing site and cleans with alcohol swab.
4. Ensure alcohol has evaporated prior to lancing skin.
5. Perform blood glucose point-of-care test in accordance with agency procedure.
6. Ensure all sharps and materials are disposed of in a safe and appropriate manner.
7. Dress and treat lanced site as appropriate.
8. Document.

DOCUMENT:

1. Who performed task.
2. Number of attempts.
3. BSI and equipment used.
4. Site of lancet stick.
5. Any complications or undesirable side effects.
6. Time procedure was performed
7. Results of test.

* Meeting the requirements under the *Point-of-Care Glucometer Maintenance and Record Keeping Policy*